

# EMOTIONAL, COGNITIVE, AND DEVELOPMENTAL DISABILITIES



Board of Child Care (BCC) offers high-intensity residential group home programming on its Baltimore campus for youth ages 14-20 who present with Emotional, Cognitive, and Developmental Disabilities (ECDD).

## The BCC ECDD program is designed to support youth with the following treatment needs:

- Acute Medical Issues
- Emotional and Developmental Delays
- Lower Cognitive Function
- Self-Injurious Behaviors
- Assistance with Daily Living Skills
- Increased Emotional Support
- Poor Peer and Social Interactions
- Requires Nontraditional or Private Education
- Speech and Language Delays

### **Treatment Design**

BCC's theory of change is based on a relationshipbased approach that serves as the vehicle for recovery from complex trauma. BCC has a vast menu of evidence-based and research-supported clinical interventions that incorporate aspects of psychoeducation, trauma narration, group treatment, cognitive restructuring, development of coping and stress tolerance skills, and post treatment planning.

### **Related DSM-5 and Neurodevelopmental Disorders**

- Autism Spectrum Disorders
- Pervasive Developmental Disorders
- Disruptive Mood Dysregulation Disorder
- Attention Deficit Hyperactivity Disorder
- Conduct Disorder
- Oppositional Defiant Disorder
- Post-Traumatic Stress Disorder

### **New Skill Development**

Positive Behavior Intervention Supports (PBIS) is utilized in place of a level system approach to behavior modification throughout BCC's high-intensity residential services. PBIS is an individual approach that builds life skills and personal development skills that are transferable beyond the treatment setting.

### **ECDD Program Goals**

- Assist youth with gaining independence in Activities of Daily Living (ADLs)
- Support youth in developing emotional regulation and coping skills
- Help youth to establish permanency by transitioning to natural supports or within the BCC continuum of care
- Promote lasting impact through post-discharge services at 30, 60, and 90 days

## TO MAKE A REFERRAL TO THE ECDD PROGRAM, $\mbox{Please Contact:}$

Admissions Office | Board of Child Care 3300 Gaither Road | Windsor Mill, MD 21244 410-487-1337

admissions@boardofchildcare.org

\*For after-hours admissions please contact campus supervisor at 443-865-9235



## BCC'S CONTINUUM DELIVERS A CONSISTENT TREATMENT PHILOSOPHY

- Consistent treatment philosophy delivered via evidence-based and research-supported practices.
- During an episode of care, movement within the continuum is fluid and flexible in both duration and design.
- What works isn't a new discovery process with each placement as knowledge transfer is seamless.

## THESE SERVICES ARE INTEGRATED AS NEEDED THROUGHOUT AN EPISODE OF CARE



### **Mental Health Services**

Licensed clinical therapists and child psychiatrists provide mental health services throughout BCC's continuum



### **Educational Services & Supports**

Special and regular educational services can be provided in-house or via community-based partnerships

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24/7 staff-secure environment provides structured and therapeutic living environments



### **Semi & Fully Independent Living Programs**

Youth continue building independence and life skills but with 24/7 staff supervision



### **Treatment Foster Care**

Specially trained foster parents and BCC's professional staff ensure youth are nurtured in a safe and encouraging home setting



### **Community-Based Programs**

BCC has a wide variety of community-based programs that involve clients, their families, and other members of their support and care team



THE TREATMENT OFFERINGS ARE INDIVIDUALIZED TO MEET YOUTH AND FAMILIES' NEEDS