



EMOTIONAL, COGNITIVE, AND DEVELOPMENTAL DISABILITIES



Board of Child Care (BCC) offers high-intensity residential group home programming on its Baltimore campus for youth ages 14-20 who present with Emotional, Cognitive, and Developmental Disabilities (ECDD).

The BCC ECDD program is designed to support youth with the following treatment needs:

- Acute Medical Issues
- Emotional and Developmental Delays
- Lower Cognitive Function
- Self-Injurious Behaviors
- Assistance with Daily Living Skills
- Increased Emotional Support
- Poor Peer and Social Interactions
- Requires Nontraditional or Private Education
- Speech and Language Delays

Treatment Design

BCC's theory of change is based on a relationship-based approach that serves as the vehicle for recovery from complex trauma. BCC has a vast menu of evidence-based and research-supported clinical interventions that incorporate aspects of psychoeducation, trauma narration, group treatment, cognitive restructuring, development of coping and stress tolerance skills, and post treatment planning.

Related DSM-5 and Neurodevelopmental Disorders

- Autism Spectrum Disorders
- Pervasive Developmental Disorders
- Disruptive Mood Dysregulation Disorder
- Attention Deficit Hyperactivity Disorder
- Conduct Disorder
- Oppositional Defiant Disorder
- Post-Traumatic Stress Disorder

New Skill Development

Positive Behavior Intervention Supports (PBIS) is utilized in place of a level system approach to behavior modification throughout BCC's high-intensity residential services. PBIS is an individual approach that builds life skills and personal development skills that are transferable beyond the treatment setting.

ECDD Program Goals

- Assist youth with gaining independence in Activities of Daily Living (ADLs)
- Support youth in developing emotional regulation and coping skills
- Help youth to establish permanency by transitioning to natural supports or within the BCC continuum of care
- Promote lasting impact through post-discharge services at 30, 60, and 90 days

TO MAKE A REFERRAL TO THE ECDD PROGRAM,
PLEASE CONTACT:

Admissions Office | Board of Child Care
3300 Gaither Road | Windsor Mill, MD 21244
410-487-1337
admissions@boardofchildcare.org

**For after-hours admissions please contact
campus supervisor at 443-865-9235*



BCC'S CONTINUUM DELIVERS A CONSISTENT TREATMENT PHILOSOPHY

- Consistent treatment philosophy delivered via evidence-based and research-supported practices.
- During an episode of care, movement within the continuum is fluid and flexible in both duration and design.
- What works isn't a new discovery process with each placement as knowledge transfer is seamless.

