



LOTUS: SPECIALIZED SERVICES FOR COMMERCIALLY SEXUALLY EXPLOITED CHILDREN AND YOUTH



Board of Child Care (BCC) offers high-intensity programming for females ages 14-20 who meet or are at high risk for meeting the profile of Commercially Sexually Exploited Children (CSEC), as defined by the State of Maryland.

Treatment Design

BCC's theory of change is founded on a relationship-based approach that serves as the vehicle for recovery from complex trauma related to commercial sexual exploitation. BCC has a vast menu of evidence-based and research-supported clinical interventions designed to meet the specialized needs of this population.

Goals

- Prioritize safety through additional security measures in community-based, homelike setting
- Coordinate with multi-disciplinary team to ensure continuity of care within and outside of BCC
- Support youth in improving ability to self-regulate and manage impact of trauma
- Guide youth to achieve personal empowerment with strengths-based approach
- Promote development of transferable skills for transition to adulthood and overall success in life
- Create opportunities for family engagement to achieve youth-specific permanency plan

Services

- Intensive case management
- Individual, family, and group therapy with trauma-certified therapist
- Ongoing behavioral health assessment
- Medical and psychiatric care
- 24-hours crisis response and safety planning
- Evidence-based and research-supported interventions
- Co-occurring substance use treatment
- Holistic therapies
- Life skills training
- Victim advocacy
- Family engagement events
- Recreational programming
- Spiritual life programming
- Interpretation and translation services

TO MAKE A REFERRAL TO THE LOTUS PROGRAM, PLEASE CONTACT:

Admissions Office | Board of Child Care

3300 Gaither Road | Windsor Mill, MD 21244

410-487-1337 | admissions@boardofchildcare.org

**For after-hours admissions please contact campus supervisor at 443-865-9235*



BCC'S CONTINUUM DELIVERS A CONSISTENT TREATMENT PHILOSOPHY

- Consistent treatment philosophy delivered via evidence-based and research-supported practices.
- During an episode of care, movement within the continuum is fluid and flexible in both duration and design.
- What works isn't a new discovery process with each placement as knowledge transfer is seamless.

